



Client Request for Services – Land Clinics

Client Information

Company Name		Date
Company Billing Address		
City	State	Zip Code
Employee Name		Employee Last 4 SSN/ID#
Testing Authorized By		Phone Number
Send Results To		Email Address

Testing Location

☐ CARLSBAD	4103 Tidwell Carlsbad, NM 88220	PH: 575-205-0320	carlsbadmmu@xstrememd.com
☐ KENEDY	8730 HWY 181 Unit G, Kenedy, TX 78119	PH: 337-704-0930	kenedymmu@xstrememd.com
☐ MENTONE	204 County Road 407 Mentone, TX 79754	PH: 337-224-2901	mentonemmu@xstrememd.com
☐ MIDLAND	2600 FM 307, Midland, TX 79706	PH: 337-205-8165	midlandmmu@xstrememd.com
☐ ORLA	4283 HWY 285 N., Orla, TX 79770	PH: 337-205-9314	orlammu@xstrememd.com
☐ KILGORE	1718 S. Henderson Blvd. Kilgore, TX 75662	PH: 903-298-0571	kilgoremnu@xstrememd.com

Physical Exam Requested

- ☐ DOT / CDL Physical
Midland ONLY with medical card
- ☐ Non-DOT Physical
Midland ONLY with DOT medical card
- ☐ Pre-Employment Standard Non-DOT Physical
- ☐ Fit for Duty
Bringing relevant, recent medical records helps prevent medical holds
- ☐ Company Specific Physical
Company specifications / guidelines required 48 hours in advance for review prior to testing

Occupational Testing Procedures Required

- ☐ Audiometry ☐ Initial ☐ Retest ☐ Pre-Employment
- ☐ Blood Work Specify: _____
- ☐ EKG w. Interpretation
- ☐ Urinalysis / UA Dip
- ☐ L-Spine X-Ray ☐ 3 View ☐ 2 View
- ☐ Respirator Fit Testing w/OSHA Resp. Questionnaire
- ☐ Mask Type: _____
- ☐ Fitness Assessment
- ☐ Respirator Medical Clearance
- ☐ Pulmonary Function Test w/OSHA Resp. Questionnaire
- ☐ Other _____

Urine Drug and Alcohol Collection: *Applicant Must Bring Valid Photo ID*

Reason for Testing

- ☐ Pre-Employment ☐ Random ☐ Reasonable Cause ☐ Post Accident ☐ Return to Duty ☐ Follow-up
- ☐ Site Access / Pre-Access ☐ Other: _____

Drug Collection

- ☐ Non-DOT UDS
- ☐ Hair Follicle
- ☐ DOT UDS ☐ PHMSA ☐ FMCSA

Alcohol Collection

- ☐ DOT Saliva (QED) Swab
- ☐ Non-DOT Saliva (QED) Swab
- ☐ DOT BAT



- ☐ Rapid Urine Dip - 10 Panel
- ☐ Customer Supplied Chain of Custody
- ☐ Use XMD Generic Chain of Custody (\$75.00)
- ☐ 5 Panel UDS ☐ 9 Panel UDS ☐ 10 Panel UDS
- ☐ Direct Observation
- ☐ Non-DOT BAT

COVID-19 Testing

- ☐ PCR
- ☐ Antigen